Start Your Own Toning Table Salon

COMPLETE SALON PACKAGE "B"

Click each Toning Table / Toning Bed for more information

- Sandbag Toning Table
- Waist-Tummy-Hip Toning Table
- Leg Toning Table
- Arm-Chest Toning Table
- Vibrator Toning Table
- Super Cycle Toning Table
- Side-to-Side Toning Table
- Body Bender Toning Table
- Stretch Toning Table
- Vibrator Toning Table

Why These Toning Tables Work

Our Original Toning Tables / Toning Beds utilize a combination of physical therapy and isometric exercise movements, so people of all ages regardless of health issues or limitations can use them. Every person works at their own endurance level, putting as much effort into each range of motion exercise as they are able. Because of the high number of evenly measured repetitions achieved by using each of these machines, 2 hours a week on these machines is equal to 14 hours of strenuous traditional exercise. Positive results are seen quickly, providing increased motivation to continue. Since the Toning Tables / Toning Beds are motorized, a gentle rhythmic vibration is felt throughout the entire body. This vibration reduces and often completely eliminates cellulite which is unheard of by doing any traditional exercise program. Isometric exercises actually strengthen internal muscles such as the heart and lungs, providing an even greater health benefit. These Toning Tables / Toning Beds help a person increase flexibility, improve blood circulation and increase energy while strengthening muscles and reducing inches. The tremendous increase in blood circulation that occurs by using these Toning Tables / Toning Beds has helped many people with diabetic neuropathy.

Quality is the highest priority at Lifetime Wellness Centers. We have a complete machine shop, wood shop, upholstery shop, quality control department, assembly shop, welding department, and powder coating system.
LIFETIME WELLNESS CENTERS, INC.

PRO FORMA FOR 5 THERAPEUTIC EXERCISE MACHINES

Below is an analysis of the cash flow that you could obtain:

INITIAL COST OF MACHINES $23,000*
ESTIMATED SET UP & DELIVERY OF MACHINES +$2,500
TOTAL INVESTMENT NEEDED $25,500
DEPOSIT ON MACHINE PURCHASE -$5,000
BALANCE DUE FOR MACHINE PURCHASE $20,500

BANK FINANCING (5 YEARS AT 12% INTEREST)
MONTHLY PAYMENTS $555.55

INCOME: Based On $10.00 Each Treatment, 13 hours per day, 5 days a week
Maximum Number of Treatments (TR) = 325 TR per week = 1,300 per month
Projected, Operating at 60% Capacity = 195 TR per week = 780 per month
16 pay for 26 TR package including discount ($210.60) = $3,369.60 per week
140 pay weekly at $10.00 each TR x 2 TR per week = $2,800 per week = $15,280
PROJECTED MONTHLY GROSS operating at 60% capacity = $18,649.60

PROJECTED EXPENSES MONTH
Rent (1,200 sq. ft) $1,700
Wages (2) @$9.00 64 hours per week $576 X 4 = $2,304 per month
Utilities & Telephone $350
Insurance (Health & Building) $200
Supplies $100
Miscellaneous $100
TOTAL $4,754

PROJECTED MONTHLY GROSS INCOME operating at 60% capacity = $18,649.60

MONTHLY PRINCIPAL & INTEREST PAYMENT = $555.55
PROJECTED MONTHLY EXPENSES (INCL P & I PAYMENT) = $5,309.55

MONTHLY NET OPERATING INCOME $13,340.05
CASH FLOW BEFORE TAXES $13,340.05 X 12 = $160,080.60 PER YEAR

RATE OF RETURN = 500%

*All prices are F.O.B. Lifetime Wellness Centers, Inc., 618 Washburn Rd., Melbourne, FL and do not include crating, delivery or sales tax, if applicable. PHONE: (321) 610-3813

https://www.LifetimeWellnessCenters.com

Lifetime Wellness Centers, Inc. ©
LIFETIME WELLNESS CENTERS, INC.

PRO FORMA FOR 10 THERAPEUTIC EXERCISE MACHINES

INITIAL COST OF MACHINES $45,000*
ESTIMATED SET UP & DELIVERY OF MACHINES +$3,500
TOTAL INVESTMENT NEEDED $48,500
DEPOSIT ON MACHINE PURCHASE -$10,000
BALANCE DUE FOR MACHINE PURCHASE $38,500

Below is an analysis of the cash flow that you could obtain:

BANK FINANCING (5 YEARS AT 12% INTEREST)
MONTHLY PAYMENTS $1,178.85

INCOME: Based On $10.00 Each Treatment, 13 hours per day, 5 days a week
Maximum Number of Treatments (TR) = 650 TR per week =2,600 per month
Projected, Operating at 60% Capacity = 468 TR per week =1,560 per month
33 pay for 26 TR package ($210.60) = $6,949.80 per week = $27,799.20 per month
435 pay weekly at $10.00 each TR X 2 TR per week = $8,700 per week = $34,800 per month
PROJECTED MONTHLY GROSS INCOME operating at 60% capacity = $62,599.20

PROJECTED MONTHLY EXPENSES:
Rent (1,500 sq) $2,500
Wages (4) @ $9.00 = 128 hrs. per week, $1,152 X 4 week = $4,608 month
Utilities & Telephone & $350
Insurance (Health & Building) $200
Supplies $100
Miscellaneous $100
TOTAL $7,858

PROJECTED MONTHLY GROSS INCOME operating at 60% capacity = $62,599.20

MONTHLY PRINCIPAL & INTEREST PAYMENT -$1,178.85
PROJECTED MONTHLY EXPENSES (INCL P&I) PAYMENT = $9,036.85

MONTHLY NET OPERATING INCOME -$53,562.35
MONTHLY CASH FLOW BEFORE TAXES $ X 12 = $642,748.20 PER YEAR

Rate of Return is more than 500%

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Lifetime Wellness Centers, Inc. ©
This Package "A" includes
5 Original Toning Tables / Toning Beds:
- Sandbag Toning Table
- Waist-Tummy-Hip Toning Table
- Leg Toning Table
- Arms/Chest Toning Table
- Vibrator Toning Table

Start Your Own Toning Table Salon
COMPLETE SALON PACKAGE "A"
Click each Toning Table / Toning Beds for more information

Sandbag Toning Table
Waist-Tummy-Hip Toning Table
Leg Toning Table
Arm-Chest Toning Table
Vibrator Toning Table

This Package "B" includes
10 Original Toning Tables / Toning Beds:
- Sandbag Toning Table
- Waist-Tummy-Hip Toning Table
- Leg Toning Table
- Arms/Chest Toning Table
- Vibrator Toning Table
- Body Bender Toning Table
- Super Cycle Toning Table
- Stretch Toning Table
- Side To Side Toning Table
- Vibrator Toning Table

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COMPLETE SALON PACKAGE "B"
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Body Bender Toning Table
Stretch Toning Table
Vibrator Toning Table

Both Package A or Package B include a Free Cardio Hop
AND

Toning Table Business Success Package:
- Complete Set Up & Training Manual
- Training – Three (3) Days of Intensive, Expert Training at the Lifetime Wellness Training Center in Melbourne, Florida**
- 800 Customized Brochures Featuring your Toning Table / Toning Bed salon information
- Toning Table Instructions & Benefits Sign for each Toning Table / Toning Bed (wall-mounted 24" x 34")
- Monday-Saturday Laminated Appointment Scheduling Boards
- Samples of Successful Toning Table Ads
- Customized Floor Plans for your location
- Extended 3 Year Warranty
- Lifetime Marketing, Business and Technical Support

CARDIOHOP
FREE w/Purchase
Traditional Exercise Programs

✓ Use rollers, belts, weights and strenuous floor exercise
✓ Builds muscles causing a bulgy muscular appearance.
✓ Does nothing to reduce cellulite.
✓ Since you must work up a sweat:
  ✓ 1. You must wear workout clothes, usually leotards.
  ✓ 2. Showering is necessary after each session.
  ✓ 3. Hair needs to be dried and restyled and make-up needs to be reapplied.
✓ Exercises and weighing and measuring are done in public view, very humiliating.
✓ You need to work out 3-5 times per week for 2 hours each session.
✓ If it is busy, you often have to wait to use the equipment you want.
✓ You must pay for the entire program. If you quit, you lose all of your money.
✓ Results are very slow, many people get discouraged and quit.
✓ After you quit, muscles atrophy quickly because you are building up muscles.
✓ Exercising is often painful, too difficult for many people, so unpleasant many people find excuses to avoid it.

Original Toning Tables

✓ Toning Tables use a combination of Isometric exercise movements and physical therapy.
✓ Firms, tones and strengthens muscles giving the skin a smooth, tight appearance.
✓ Reduces and often completely eliminates cellulite.
✓ You do not work up a sweat:
  ✓ 1. Regular street clothes can be worn.
  ✓ 2. No showering is necessary after machines.
  ✓ 3. Saves time and reduces commotion, no need to re-do!
✓ Each Toning Table / Toning Bed & weighing and measuring takes place in private curtained booths.
✓ Only two 50 minute treatments per week (equivalent of 14 hours of regular exercise).
✓ No waiting. Your time is important. Treatments are scheduled by appointment.
✓ Weekly payments are available as well as a discount packages if you choose to pay in full.
✓ Results are seen quickly, motivation to continue is very high, drop out rate is low.
✓ Muscles remain firm and toned because the program is based on isometric range of motion exercise movements.
✓ Exercising is painless, easy for everyone of all ages, fun, people look forward to coming in for their next treatment!
The Waist-Tummy-Hip Machine alternately raises and lowers the legs 650 times during a normal 10-minute treatment. As this occurs, the waist is gently twisted. The simultaneous action firms, tones and reduces the waist, tummy and hips. This machine combines the waist-twisting movement with the leg lifting movement. This exercise movement rapidly sheds inches from the waist, tummy and hips while it strengthens the muscles in the lower back.